# Welcome to Back to School Night!



#### Meet Your Teachers

Mini Burrows—Teacher Amy Eyler--Teacher Kim Nupp --Teacher Rachel Tallent- Teacher Nicole Himes-Smith - Teacher and Instructional Team Leader

Grace Akoji- Paraeducator Sandy Kleinberger - Paraeducator Janet Smith- Paraeducator

Alexa Chestnut--Special Ed Teacher Sarah Slivosky-ESOL teacher



#### Meet Your Teachers

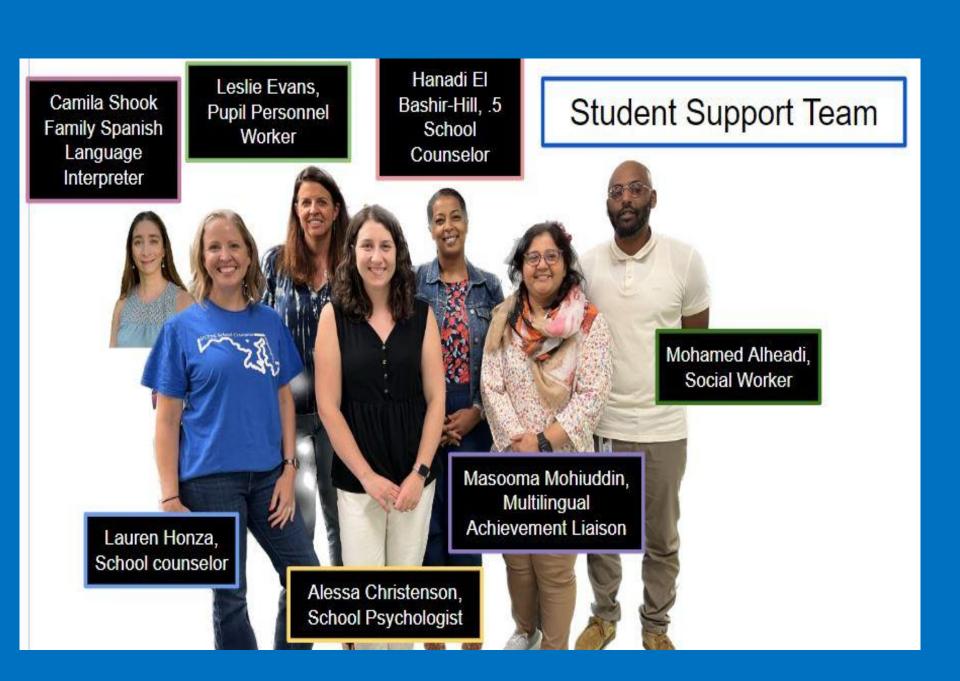
Reading Specialist <u>kelly broccolino@hcpss.org</u>
Mary Hall <u>Mary Hall@hcpss.org</u>
Alicia Peterson <u>Alicia Peerson@hcpss.org</u>





## Other Important Staff





### SEPARATION ANXIETY Preparing for the 1st Day of School

Separation anxiety is a common developmental stage that many children experience. It is a normal part of a child's emotional development, but it can be challenging for both the child and the parent. Here are some strategies to help you and your child as they transition to school (perhaps for the very first time!

Be Patient and Reassuring: Understand that separation anxiety is a natural part of growing up. Be patient with your child's emotions and provide reassurance that you will always come back. Let your child express their emotions and validate their feelings. Acknowledge that feeling sad or anxious is okay and that you understand.



Create a Predictable Routine: Children feel more secure when they know what to expect. Establish a consistent daily routine for getting ready for school and for drop-off and pick-up.



Avoid Lengthy Farewells: Prolonged goodbyes can make the separation more difficult for both you and your child. Once you say goodbye, leave promptly and confidently.



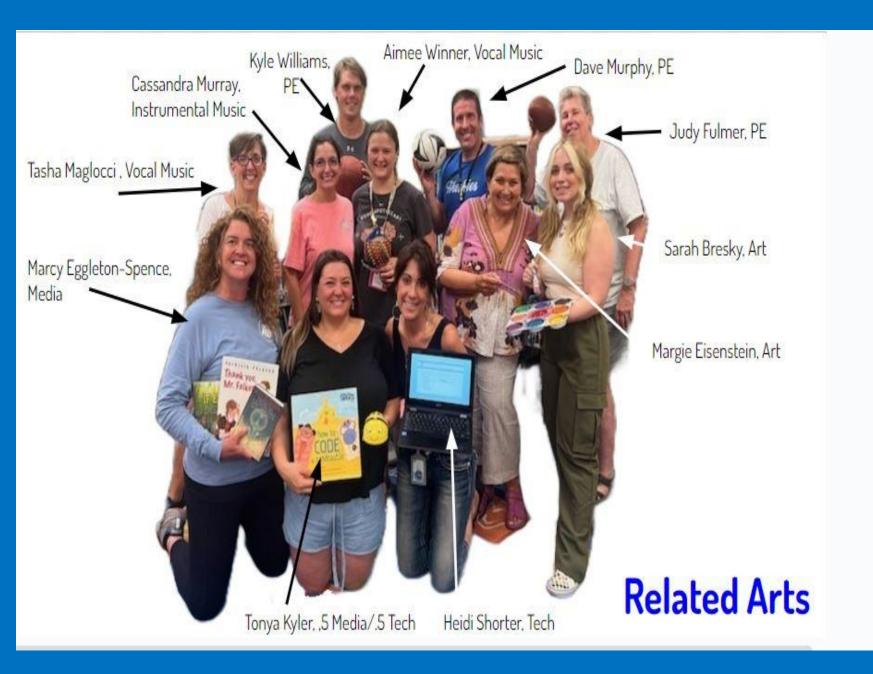
Say Goodbye: Always say goodbye to your child when leaving, even if they are upset. Sneaking away may lead to increased anxiety and distrust. Keep your goodbyes brief and positive.

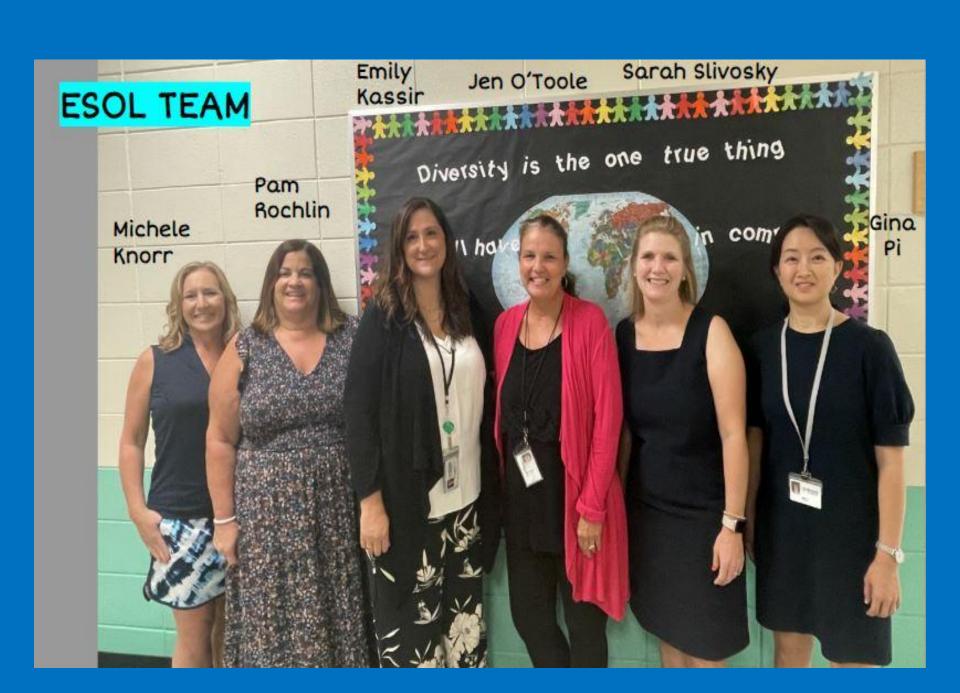


Stay Calm: Children can pick up on their parents' emotions. Stay calm and confident during drop-offs to help your child feel more at ease...

Remember that separation anxiety is often temporary, and most children adjust to the school environment quickly! By keeping yourself calm and providing support, understanding, and patience, you can help your child navigate this new stage more smoothly. Please feel free to contact the school counselor with any questions or concerns







#### Recess and P.E.

Students will have a 30 minute recess each day before their lunch.

We will go outside unless the temperature drops **below 20 degrees with wind chill.** Please make sure you dress your child appropriately and we encourage children to wear sneakers.

During days that it is raining or too cold the students will have games, movies, or manipulatives inside.

Each class will have P.E. three times a week. Wear appropriate shoes to allow for furnition participation.

### Classroom Rules

All of the teachers that work with your child will be able to recognize positive behaviors and give an incentive to encourage the continued behavior. Students will receive an "H-ticket or Husky Buck" to save. During pre-determined times the "Husky Bucks" can be used as currency to buy items from the traveling school store as well as items within each individual classroom.

Classes can also receive group tickets for the same from teachers who may not work with, but still observe, positive behaviors.

HSES pledge...3 R's

- Be responsible
- Be respectful
- Be readyI am one of Hollifield's BEST!



#### Lunch Procedures

Healthy Appropriate Size, and Content

Breakfast \$2.00. Lunch \$2.80 Milk \$.50

Dietary Restrictions
FARMS info was sent in
Hollifield Herald
Volunteers Needed
First Two Weeks of School!

linqconnect.com



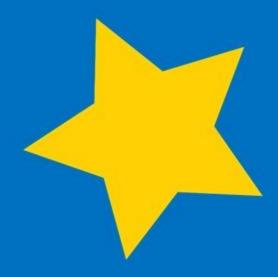
## School Supplies

You should have received a school supply list when you registered your child at HSES.

Please bring your child's supplies on Friday when you visit the classroom during kindergarten orientation.

Kindergarten Supply List





# Thank you for coming!

It's going to be a great year!

Please follow your child's teacher back to their classroom for more information!